2026 Australia Post Community Grants

Connecting Communities for Better Mental Health and Mental Wellbeing

The Australia Post Community Grants program seeks to fund community-led, local projects that connect individuals and communities to improve mental health and mental wellbeing.

This year, we are again proud to offer additional grants totalling up to $250,000 to support disaster-impacted communities across Australia. These funds will be dedicated to projects that enhance mental wellbeing by fostering connection and building resilience within communities recovering from a natural disaster or major storm event.

What is mental health and wellbeing?

As defined by the World Health Organisation (WHO), mental health is ‘a state of mental wellbeing that enables people to cope with the stresses of life, realise their abilities, learn well and work well, and contribute to their community.’

We’re primarily focused on supporting projects that improve the mental health outcomes of community members, and that help individuals maintain good mental health and mental wellbeing.

Applications must clearly articulate how their project will result in improved mental health outcomes of community members.

What we are looking for

We recognise that everyone has a role to play in maintaining mental health and wellbeing, however we are specifically looking for projects that meet ALL of the following criteria:

1. The primary purpose of the project is to **improve mental health and mental wellbeing outcomes** of a community.
2. The project will **help people meaningfully connect** in their local community for improved mental health and mental wellbeing outcomes.
3. The project is a **locally-led and locally-delivered** project that aims to improve mental health and mental wellbeing outcomes of a community.

For applications for the additional pool of disaster-related funding only, a fourth criterion applies:

4. The project **supports a disaster-impacted** community for improved connection, wellbeing and/ or resilience.

Applications that do not meet all of the above criteria will not be considered for funding.

See the **2026 Australia Post Community Grants Guidelines** for full eligibility.

Important

While we recognise the importance of and need for treatments to support individuals suffering from mental health conditions, **clinical medical health interventions, treatment or medical research – including psychological treatment – are INELIGIBLE for this program.**

We will consider applications for projects that implement early intervention or therapeutic strategies to promote the importance of looking after one's mental health and being part of a community for good mental health. These strategies may be employed in activities such as art therapy, peer support groups, mindfulness and meditation practice, drumming circles and yoga.

For questions on the program and eligibility, please read the FAQs on our website, or contact our Grants Team as early as possible:

Website: auspost.com.au/grants

Email: grants@auspost.com.au

Pre-eligibility

* indicates a required field

Answer the following questions to begin your application.

Is my organisation an incorporated not-for-profit organisation? *
- ○ Yes
- ○ No

Grants can only be made to incorporated not-for-profit organisations. Australia Post refers to the Australian Business Register when assessing compliance with eligibility criteria. It is your responsibility to ensure your organisation's details, including its incorporated status, are correct and up-to-date on the Australian Business Register at the time of application, if you wish to be considered.

Does my organisation have an ABN? *
- ○ Yes
- ○ No

Does my organisation have an Australian bank account that corresponds to the ABN? *
- ○ Yes
- ○ No

Is the total cost of my project less than $50,000 (excluding in-kind)? *
- ○ Yes
- ○ No

We are unable to fund projects where the total budget is greater than $50,000

Does my project involve capital works or improvements (i.e. renovations, construction, landscaping)? *
- ○ Yes
- ○ No

Is my project solely for the purchase of equipment? *
- ○ Yes
- ○ No

We recognise that projects may require the purchase of some equipment, however projects that are solely for the purchase of equipment, such as refrigerators or replacing sports equipment etc are ineligible for this program

Does my project involve psychology, psychiatry or clinical interventions? *

○ Yes
○ No

While we recognise the importance of and need for treatments to support individuals experiencing mental health conditions, clinical medical health interventions, treatment or medical research – including psychological treatment – are ineligible for this program.

You may be ineligible

Your answers have indicated that your organisation or project is ineligible for a 2026 Australia Post Community Grant.

Based on your responses to the previous questions, your application is not eligible for a 2026 Australia Post Community Grant. To be eligible, your organisation must:

- Be an incorporated not-for-profit
- Be located in, and provide services in, Australia
- Have an ABN
- Have an Australian bank account that corresponds to the ABN.

Your project must not involve certain activities or project outcomes - including capital works - as detailed in the program Guidelines.

Review the **2026 Australia Post Community Grants Guidelines** to confirm eligibility requirements.

If you'd like to review your answers, select <Previous> from the top or bottom of this page to go back.

If you submit this application as is, it will be considered ineligible and will not be assessed.

Need some help with your application?

You can get in touch with us at: grants@auspost.com.au

For technical assistance, please call the SmartyGrants helpline on **(03) 9320 6888** and quote your Application ID.

To exit this form, close this window.

Section 1 - Organisation Details

2026 Australia Post Community Grants Application
Form Preview

* indicates a required field

1.1 About Your Organisation

Organisation name *

Name of the organisation applying for a grant.

Trading name

If different to organisation name.

Please tell us about your organisation *

Word count:
What is your organisation’s mission or purpose? What are your programs? How many staff or volunteers do you employ? Must be no more than 100 words.

What is the main focus of your organisation? *

Other:

Review the Guidelines carefully to determine the most relevant category. Select ONE category as the most relevant.

1.2 Your Organisation's Details

Street address *
Address

Start typing your address and select from the options. If you can't find your address, click 'Can't find your address'

Postal address (if different to street address)
Address

Start typing your address and select from the options. If you can't find your address, click 'Can't find your address'

Please list your organisation's website

Must be URL.

Please list your organisation's social media addresses (URL)

Please include the URL of any social media that you use. You can add a new line by selecting '+' from the right hand side.

1.3 Your Organisation's ABN

Australia Post refers to the Australian Business Register when assessing compliance with eligibility criteria.

- Applicants must have an Australian Business Number (ABN) with the registration reflecting the organisation's incorporated not-for-profit status

- Organisation details **must** be correct and up-to-date on the Australian Business Register on the date the application is submitted.

- It is the applicant's responsibility to ensure their details are correct and up-to-date when the application is submitted.

- Organisations will be deemed ineligible if their ABN status on the Australian Business Register does not demonstrate incorporated not-for-profit OR charitable status on the date the application was submitted.

Sole traders, government entities and companies are not eligible for this program.

Please tell us your organisation's ABN *

The ABN provided will be used to look up the following information. Click Lookup above to check that you have entered the ABN correctly.

Information from the Australian Business Register	
ABN	
Entity Name	
ABN Status	
Entity Type	
Goods & Services Tax (GST)	
DGR Endorsed	
ATO Charity Type	More information
ACNC Registration	
Tax Concessions	
Main Business Location	

The ABN Lookup Tool will import your current details from the Australia Business Register. Don't know your ABN? Go to https://abr.business.gov.au

Section 2 - Contact Details

* indicates a required field

2.1 Primary Contact

This person is the day to day contact for queries relating to this application.

Primary contact name *
First Name Last Name

Position held *

Contact number *
Must be an Australian phone or mobile number. Please include the area code for landline phone numbers (i.e 0391000000).

Email *
Please ensure this email address is correct as it's how we will contact the Primary Contact regarding the outcome of this Application and further information about Australia Post Community Grants and mental health programs.

2.2 Authorised Officer

This person is accountable for the use of funds relating to this application; e.g. head of organisation, treasurer, committee officer, or other person authorised to represent the financial and legal interests of the organisation.

Authorised Officer *
First Name Last Name

Position held *

Contact number *
Must be an Australian phone or mobile number. Please include the area code for landline phone numbers (i.e 0391000000).

Email *

Please ensure this email address is correct as it's how we will contact the Authorised Officer regarding the outcome of this Application and further information about Australia Post Community Grants and mental health programs.

Section 3 - About the Project

* indicates a required field

3.1 Project Summary

Project Title *

What would you like the project to be called? The project title should clearly describe the purpose of the grant. Must be no more than 15 words.

Describe the project. What do you want to achieve? *

Word count:
What change do you want to see as a result of your project? Include a brief summary of who this project is for, what you will do, and what outcomes you expect to result from your activities. Must be no more than 100 words.

Why is the project needed in your community? *

Word count:
What community need will the project address? Why does the community need a project to support their mental health and mental wellbeing? Provide statistics/evidence where available. Must be no more than 100 words.

3.2 Disaster-impacted Communities (if applicable)

This year, once again we have an additional $250,000 funding pool available for projects in disaster-impacted communities. Please indicate below if you are applying for a grant under this category.

Are you located in a disaster-impacted community? *

- ○ Yes
- ○ No

How have people in your community been impacted by a natural disaster or major storm event?

Word count:
Must be no more than 100 words.
We will consider any community impacted by a declared natural disaster or major storm event. There is no time limit on these events, as we recognise that their effects can be long-lasting.

3.3 Project Approach

Why is the project best placed to improve mental health outcomes for your community? *

What is it about the project's approach that makes it likely to improve connection and mental health and wellbeing of individuals? Must be no more than 75 words.

How is the project locally-led, or locally-embedded? *

Word count:
How will the project build on local knowledge or make use of local resources to deliver the project? How have local networks been utilised to understand the community's needs? Must be no more than 75 words.

3.4 Project Details

Example:

Vocational training for boys to improve community leadership potential

Project focus: Community & Economic Development

Beneficiaries: All of Community

Age group: Children & Youth

Gender: Mainly men or boys

Project Focus

What is the project's primary focus area? *

Other:

Select ONE category as the most relevant.

Project Beneficiaries

Which parts of the community primarily benefit from this project? *

Other:

Select ONE category as the most relevant.

Which age group primarily benefits from this project? *

Select ONE category as the most relevant.

Which gender primarily benefits from this project? *

Select ONE category as the most relevant.

Project Location

Where is the primary location where the project will take place?

Town / Suburb name *

Include ONE location as the most relevant. Write the name, not postcode.

State *

Postcode *

Must be a number.

3.5 Supporting Documentation

Please upload evidence to support your project approach. We are seeking evidence that supports:

- the need for the project in your community
    - these documents may include council plans, community demographics or news articles that demonstrate project need.
- the proposed project approach
    - these documents may include pilot program studies, community surveys or research that demonstrate an effective project approach.

For example, if the project seeks to improve mental health and mental wellbeing outcomes for disadvantaged youth, applicants may provide focus group summaries that demonstrate how members of that group have been consulted in project planning.

Only add attachments that are relevant to your application. Please don't attach general brochures, letters of support or annual reports.

Document Name / Type	Please summarise the key information in this document	Website or Hyperlink	Document Upload
e.g. Local newspaper article.	Include page numbers where possible. e.g. Article in The Weekly Times (page 3) describing need for youth mental health services.	If available.	If available.

3.6 Project Collaboration

We encourage collaborations and partnerships between different types of organisations, where the lead partner is an incorporated not-for-profit organisation.

Have you engaged with another organisation to develop and implement your project? *

- ○ Yes
- ○ No

Please list any groups or organisations you are working with to deliver this project. e.g. a disability organisation, sporting club, school, cultural group, local council.

You can add more rows to this table by selecting '+' from the right hand side.

Partner organisation name	Description of partner organisation	Role

Section 4 - Project Planning

* indicates a required field

4.1 Project Dates

Please note the timing of your project is important. It'll need to commence after 1 October 2026 and be completed no later than 30 September 2027.

Start Date *

Must be no earlier than 1/10/2026

End Date *

Must be no later than 30/09/2027

4.2 Project Plan

In the table below please detail the key activities and results you hope to achieve.

You can add more rows to this table by selecting '+' from the right hand side.

Key Milestone/Activity	Expected date	What is your desired result?	Who will complete the task?
e.g. Launch of e-newsletter.	e.g. March 2027	e.g. Update community members regularly.	Include their job title (and organisation if partner).

4.3 Project Outcomes

Please tell us about the outcomes you expect to result from this project.

Outcomes are the changes you expect to occur for your program participants as a result of your project.

List your project's:

- Outcomes: What change or impact will your project have to help improve your participants' mental health and mental wellbeing?
- Indicators: How will you know that this change has occurred, and that your project has been successful? What you will measure?
- Verification Method: How will you measure this change?

If you need more help understanding what outcomes are, read the materials at ourcommunity.com.au/evaluation

You can add more rows to this table by selecting '+' from the right hand side.

Anticipated Outcomes	Indicator	Verification Method
Outcomes are the changes that you expect to occur as a result of your project. e.g. Young people develop more meaningful and sustained connections with peers.	What you will use to measure this outcome - e.g. Change in reports of isolation / loneliness.	e.g. survey; interviews; focus groups

4.4 Project Outputs

What outputs are you expecting to produce through this project?

Outputs are the actions or activities that your project will generate in order to achieve your project outcomes.

Examples would include the number of classes to be held, the number of people expected to attend a training course, the number of participants accessing further supports.

List your project's intended outputs, including approximate numbers (if possible), in the following table. Leave blank any fields that do not apply to your project.

You can add more rows to this table by selecting '+' from the right hand side.

Number and/or percentage	Who or What	Service / Product / Activity	Timeframe
Approximate, or leave blank if unknown	e.g. program participants, community members, community organisations	e.g. accessed mental health support, attended program sessions	e.g. over life of program; per year; per month

Important

In addition to your program measurement above, if successful in receiving grant funding you'll be required to report against specific social impact measures (e.g. number of participants who reported improved mental wellbeing).

If successful, applicants will be provided further details of the required measures and requested reports.

4.5 Project Risks

What risks have you identified in your project planning and how would you address them?

How have you planned for anticipated risks, such as funding shortfall, loss of staff/volunteers and other external factors?

You can add more rows to this table by selecting '+' from the right hand side.

Project Risk	Planned Mitigation	Likelihood
e.g. Loss of staff / volunteers	e.g. Maintain written procedures and documentation of work in progress	e.g. Medium

Section 5 - Budget

* indicates a required field

5.1 Funding Request

Total Amount Requested *

$

What is the total financial support you are requesting from Australia Post? Must be a dollar amount and no more than $10,000.

Total Project Cost *

$

What is the total budgeted cost of your project? This must match your expenses amount listed in Section 5.3. Total project cost must not exceed $50,000. Do not include In-Kind support.

5.2 Project Income (sources of funding)

Please outline your project budget in the income table below, including details of other funding that you have applied for, whether confirmed or not. All amounts should be GST inclusive.

Your project's income may include funding from sponsorships, contributions from project partners, indirect cash contributions (i.e. donations from individuals), cash from other organisations (i.e. grants) and your own organisation's funding allocations. Please do NOT include in-kind support under this section, see Section 5.5.

You can add more rows to this table by selecting '+' from the right hand side.

Income	Income amount $	Is this source of funding confirmed?

e.g. Sponsorship from local radio station.	e.g. 3000 (please enter whole numbers only).	e.g. Applied for / pending.
Australia Post Grant (request)		Applied for / pending Confirmed Received

5.3 Project Expenses

What costs (cash) will be incurred for your project? **Please provide a clear description of all expected costs.**

Your project expenses may include the printing and design of newsletters, refreshments for events or venue hire. Reasonable administration support can be included (must be itemised). Please do NOT include in-kind support under this section, see Section 5.5.

You can add more rows to this table by selecting '+' from the right hand side.

Expense	**Expense amount $**	**Will the Australia Post grant fund this activity?**
e.g. Website design.	e.g. 1500 (please enter whole numbers only).	e.g. Yes.

Describe how the Australia Post funds will be used and where *

Must be no more than 100 words.

5.4 Project Budget Totals

Please note, these totals are calculated automatically from your responses in Section 5.

Your income amount and your expenses amount must match. Please check the expenses match your Total Project Cost.

Income amount

$

This number/amount is automatically calculated.

Expenses amount

$

This number/amount is automatically calculated. Please check this figure matches your Total Project Cost in 5.1

Income - Expenses *

$

This number/amount is calculated.

5.5 In-Kind Support

In-Kind support includes goods or services that your organisation receives (not a cash contribution).

This could be venue hire, equipment, tools or volunteer labour.

Will you be receiving In-Kind support? *

○ Yes
○ No

Please list all In-Kind support your project will receive, whether confirmed or not. This amount won't be included in your Total Project Cost.

You can add more rows to this table by selecting '+' from the right hand side.

Who	Goods / Services to be provided	Is this In-Kind Support confirmed?	Estimated cash equivalent $
e.g. Local Community Hall.	e.g. Venue hire - 6 x $100	e.g. Confirmed	e.g. 600 (please enter whole numbers only).

In-Kind Support Total

$

This number/amount is automatically calculated.

Section 6 - Alternative Funding Opportunity

* indicates a required field

6.1 Alternative Funding Opportunity

We anticipate that we will receive many more grant applications for worthy community projects than we're able to fund.

A small number of projects that are unsuccessful for a grant of up to $10,000 may be considered for a partial grant of $4,000 where the project (or project component) is still considered viable.

If your application is not successful for the full amount requested, would you like to be considered for a partial grant of $4,000? *

- ○ Yes
- ○ No

Please describe a component of your project that could be implemented for $4,000. *

How would you use this amount? E.g. initial engagement to start a project, community consultation, etc. Projects must meet the same eligibility criteria. Must be no more than 100 words.

What do you expect to achieve with this amount of funding? *

What change do you expect to occur for your program participants as a result of your project? Must be no more than 100 words.

Please complete the below table and tell us how you would allocate the partial grant of $4,000.

You can add more rows to this table by selecting '+' from the right hand side.

Expense	Expense amount $
	Must be a dollar amount.
	$
	$
	$

Section 7 - Communication

* indicates a required field

7.1 Communications

How did you hear about the Australia Post Community Grants program? *

☐ Post Office
☐ Australia Post Community Mailing List (eDM)
☐ Website
☐ Local newspaper
☐ Local radio
☐ Grants Hub
☐ Social media
☐ Professional networks
☐ Industry newsletter
☐ Other:

Please specify which Post Office referred you to the 2026 Australia Post Community Grants.

Post Office

Please specify which website(s) referred you to the 2026 Australia Post Community Grants.

Website / URL

Please separate with a comma.

Please specify which social media platform(s) referred you to the 2026 Australia Post Community Grants.

Social media platform(s)

Please separate with a comma.

7.2 Australia Post Community Mailing List

Would the Primary Contact like to subscribe to our community mailing list? *
○ Yes
○ No
By ticking 'Yes', the Primary Contact may receive updates on community initiatives, funding opportunities and other resources to support communities and acknowledge that they've read and understood Australia Post's privacy statement.

Would the Authorised Officer like to subscribe to our community mailing list? *
○ Yes
○ No
By ticking 'Yes', the Primary Contact may receive updates on community initiatives, funding opportunities and other resources to support communities and acknowledge that they've read and understood Australia Post's privacy statement.

Section 8 - Authorisation

* indicates a required field

Note: This section must be completed by the Authorised Officer, as identified in Section 2.2.

Declaration *
☐ I confirm that I have reviewed this application to ensure that it is a good representation of the project and its outcomes and there are no inconsistencies.

Authorisation *
☐ I confirm that I have read, understood and accepted the Terms and Conditions as stated in the 2026 Australia Post Community Grants Guidelines available online at https://auspost.com.au/grants; and the below terms are agreed to.

1. I am the person named in this form as the person (the Authorised Officer) responsible for submitting the Application.
2. I have been authorised by the Organisation named in this form to submit this Application.
3. I acknowledge the information provided to be true and correct.
4. I acknowledge Australia Post may rely on the completion of the authority below as conclusive evidence of that person's authority to execute this agreement on behalf of the Organisation.

Authorised Officer e-signature *

Please state your name as your e-signature.

Date of authorisation *

Privacy Statement

Australia Post is collecting personal information in order to facilitate the Program. This personal information may be shared with other organisations, external industry experts and technology service providers, and may be processed using artificial intelligence tools and systems engaged by Australian Post, to assist in assessing Applications. If an Applicant Organisation gives Australia Post personal information about another person, Australia Post relies on the Applicant Organisation to tell them that it is giving us their details and to let them know about our Privacy Statement. Personal information is handled in accordance with the Australia Post Group Privacy Statement which outlines how to access and/or correct personal information or to make a privacy related complaint. For more information, please visit www.auspost.com.au/ privacy.

To submit this 2026 Australia Post Community Grant application, please select from the bottom and follow the instructions.